



# PREPARING FOR SECONDARY SCHOOL

## ECKINGTON SCHOOL

### At home

- ◇ Talk positively to your child about the move to Eckington School.
- ◇ Ask them about what they are looking forward to the most.
- ◇ Encourage your child to take part in the Transition Reading Challenge.
- ◇ Make sure your child is used to using a quiet space to complete homework.
- ◇ Practise making the journey to school with your child, where possible using the transport they will use.
- ◇ Discuss with your child possible food options. Will they have school dinners, packed lunch or both?

### The First Day

- ◇ Help your child set their alarm clock.
- ◇ Provide your child with a small amount of change in case of emergencies.
- ◇ Make sure your child has your contact numbers.
- ◇ Reassure your child it is "normal" to be nervous and that there is nothing to worry about.

### Parental Support

- ◇ Read all the information sent home from Eckington School.
- ◇ Make sure your child has the correct uniform, they have tried it on and it fits!
- ◇ Buy school uniform, stationery, school bag and a drinks bottle and make sure everything is labelled!
- ◇ Encourage your child to "break in" their school shoes to make them more comfortable during the first couple of days.
- ◇ Get your child into a routine of having a healthy breakfast early in the morning.

### The First Week

- ◇ Go through your child's timetable with them.
- ◇ Talk to your child about their day.
- ◇ Help your child check their planner each evening.
- ◇ Help them with organisation of homework, establishing a good routine for completion.
- ◇ Encourage your child to pack their bag the night before.
- ◇ Check with your child what they have had for lunch and their Parentpay account is in credit.

**RESPECT PROGRESS SUCCEED**

